

## COMPREHENSIVE JOB SKILL TRAINING CLASSES - BEDFORD

### Asbestos Abatement Training (40 Hours)

#### IDEM Accredited

1. Health effects-lecture
2. Respiratory protection-lecture & hands-on
3. Protective clothing-lecture & hands-on
4. Setting up decontamination unit
5. Waste disposal-lecture & hands-on
6. Methods of minimizing exposure-lecture
7. Medical surveillance-lecture
8. Technical aspects of air sampling-lecture
9. Supervisory requirements

### Basic Construction Math (40 Hours)

1. Addition, subtraction, multiplication and division of whole numbers, mix numbers, decimals and fractions
2. Convert between decimals and common fractions
3. Use of the pocket calculator
4. Read a rule and measure
5. Learning Const. Math formulas

### Introduction to Concrete (40 Hours)

1. Safety of Concrete & Properties
2. Sub grade for Concrete
3. Concrete Forming
4. Forming Curb & Gutter
5. Pouring Curb & Gutter
6. Concrete Pouring & Finishing
7. Specialized Hand Tools

### Concrete Mixing, Placing, Finishing, etc. (80 Hours)

1. Concrete properties & specifications
2. Concrete mixing, pouring & placing
3. Concrete finishing walls & slab
4. Concrete vibration, air, gas & electric
5. Side ditch & slope wall
6. Specialized hand tools
7. Wire mesh & rebar
8. Soil compactors
9. Road forms
10. Power screed, concrete saws

### Concrete Specialist I (80 Hours)

1. Concrete technology
2. Concrete pouring, placing & finishing using various power & hand tools
3. Use of transits & building levels to establish grade
4. Straight edge checker
5. Power screed, Concrete Saws

6. Power Trowel, Specialized hand tools
7. Pouring & Finishing Stencil Crete

### Cutting/Burning/Welding (40 Hours)

1. Oxy-Acetylene cutting
2. Burning bar (lance)
3. Fire prevention & control
4. Petrogen
5. Setting up equipment
6. Welding machine & accessories
7. Fundamental welding positions flat String bead, butt weld, lap weld, tee Fillet & multiple pass fillet

### Foreman Preparedness (40 Hours)

1. Communications
2. Construction Math
3. Project organization & documentation
4. Health & safety recognition
5. Dealing with people
6. Problem solving
7. Layout with instruments

### General Construction (80 Hours)

1. Safety on Scaffold
2. Tools & material recognition
3. Power tools & Chain Saws
4. Compaction
5. Rigging & Signaling
6. Cutting & burning
7. Introductory Construction Math
8. Powder Actuated Tool
9. Introduction to Concrete

### Hazardous Waste Worker Training (80 Hours)

1. Hazard recognition
2. Health effects
3. Personal protective equipment
4. Decontamination
5. Site safety & health plans
6. Safe handling techniques
7. Safe sampling techniques & air monitoring
8. Superfund community relations
9. Legal rights
10. Confined Space

### Hoisting & Rigging (40 Hours)

1. Hoisting & Rigging & Crane Safety
2. Basic Math for Hoisting & Rigging

3. Rigging Hardware & Slings
4. Signaling
5. OSHA Qualifications Requirement for Hoisting-Rigging & Signaling

### Hydro-Mobile Scaffolding (40 Hours)

1. Forklift Operation Safety (Part One)
2. Scaffold Orientation Safety
3. Basic set up and operations of Hydraulic Scaffolding.

### Instrument Orientation (40 Hours)

1. Basic Math Conversions
2. Basic Survey Procedures
3. Laser Operator Training & Safety
4. Instruments

### Mason Tending (80 Hours)

1. Conventional & Morgen scaffolding
2. Techniques of hod carrying & mortar mixing
3. Estimating & tempering
4. Forklift Operation Safety (Part One)
5. Scaffold Orientation Safety
6. Tube & Clamp
7. Circular Scaffold
8. Free Standing Tower
9. Safety & Operations of a Brick Saw

### Microbial Remediation (40 Hours)

- Part A. Introduction to air pollution-Lecture  
Health effects-Lecture  
Work area sampling-Lecture  
Hazard Communication Regulations  
Personal Protection-Lecture & Hands on  
Remediation techniques-Lecture & Hands on  
Decontamination-Lecture & Hands on  
Part B. Introduction to confined spaces-Lecture  
Hazard Recognition-Lecture  
Health effects-Lecture  
Atmospheric Monitoring-Lecture & Hands on  
Entry Permit-Lecture & simulated confined space entry  
Controlling Atmospheric hazards-Lecture  
Controlling Hazardous Energy-Lecture

### OSHA Construction Safety, First Aid & CPR (40 Hours)

1. Dept. of Labor, OSHA-10 hr. Construction Safety Course
2. National Safety Council-First Aid & CPR
3. Hazard Communication Course
4. Traffic Control (Flagging)

### Pipelaying, Shoring & Laser (80 Hours)

1. Shoring (hydraulic, timber & screw jacks)
2. Pressure pipelaying techniques
3. Pipe fusion
4. Water pipe installation & assembly
5. Tapping & hydrostatic testing
6. Utility line & grade
7. Sanitary sewer & storm drain systems
8. Laser Operator Training & Safety

### Print Reading-Building & Trades (40 Hours)

1. Part I, fundamentals
2. Part II, residential & light commercial
3. Part III, general construction specification & heavy construction

### Print Reading-Highway & Bridge (40 Hours)

1. Highway & bridge plan reading as designed by the State Highway Commission

### Transit, Levels & Grade Checking (80 Hours)

1. Squaring principles and layout
2. Basic survey procedures
3. Referencing and staking
4. Instruments
5. String line exercises
6. Slope staking (eye levels)
7. Laser operator training & safety
8. Basic Math Pre Test